



National Nutrient Database for Standard Reference

Release 28 slightly revised May, 2016

Statistics Report 14531, Alcoholic beverage, whiskey sour

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Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	72.60	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Energy	kcal	149	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/1986
Energy	kJ	623	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2014
Protein	g	0.00	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Total lipid (fat)	g	0.03	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2014
Ash	g	0.10	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Carbohydrate, by difference	g	13.17	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Fiber, total dietary	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1996
Minerals													
Calcium, Ca	mg	1	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Iron, Fe	mg	0.08	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Magnesium, Mg	mg	1	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Phosphorus, P	mg	6	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Potassium, K	mg	5	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Sodium, Na	mg	20	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Zinc, Zn	mg	0.06	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Copper, Cu	mg	0.009	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Manganese, Mn	mg	0.006	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Selenium, Se	µg	0.1	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1997
Vitamins													
Vitamin C, total ascorbic acid	mg	1.6	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Thiamin	mg	0.011	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Riboflavin	mg	0.006	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Niacin	mg	0.020	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Pantothenic acid	mg	0.008	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Vitamin B-6	mg	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Folate, total	µg	0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2001
Folate, food	µg	0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Folate, DFE	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2001
Vitamin B-12	µg	0.00	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Retinol	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	06/2002
Vitamin A, IU	IU	13	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Lipids													
Fatty acids, total saturated	g	0.005	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
4:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
6:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
8:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
10:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
12:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
14:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
16:0	g	0.005	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	05/1986
18:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	05/1986
Fatty acids, total monounsaturated	g	0.001	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	05/1986
16:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	05/1986
18:1 undifferentiated	g	0.001	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	05/1986
20:1	g	0.000	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	05/1986
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	05/1986
Fatty acids, total polyunsaturated	g	0.012	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	05/1986
18:2 undifferentiated	g	0.008	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	05/1986
18:3 undifferentiated	g	0.003	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	05/1986
18:4	g	0.000	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	05/1986
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	05/1986
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	05/1986

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	06/2015
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Other													
Alcohol, ethyl	g	14.1	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986